

		accès vestiaire 0:10	trajet + vestiaire 0:10	gymnase des salles		trajet + vestiaire 0:05	gymnase Cavalloni		trajet + vestiaire 0:10	halle polyvalente				
				salle A 0:25	salle B corporel		prat A 0:30	prat B engin		contrôle 0:05	bandes 0:07	pré-comp. 0:05	concentra. 0:03	passage
UGC SOLLIES 2	Eq N ^{ale}	8:25	8:35	8:45		9:10		9:15	9:45	9:55	10:00	10:07	10:12	10:15
MONACO GR	IR D TC	8:28	8:38		8:48	9:13	9:18		9:48	9:58	10:03	10:10	10:15	10:18
SCO ST MARGUERITE	Eq N ^{ale}	8:30	8:40	8:50		9:15		9:20	9:50	10:00	10:05	10:12	10:17	10:20
MJC SALON	IR D TC	8:33	8:43		8:53	9:18	9:23		9:53	10:03	10:08	10:15	10:20	10:23
STADE LAURENTIN GRS	Eq N ^{ale}	8:35	8:45	8:55		9:20		9:25	9:55	10:05	10:10	10:17	10:22	10:25
PASSION GR	IR D TC	8:38	8:48		8:58	9:23	9:28		9:58	10:08	10:13	10:20	10:25	10:28
UGC SOLLIES 1	Eq N ^{ale}	8:40	8:50	9:00		9:25		9:30	10:00	10:10	10:15	10:22	10:27	10:30
COS BANDOL	IR D TC	8:43	8:53		9:03	9:28	9:33		10:03	10:13	10:18	10:25	10:30	10:33
GR AIX	Eq N ^{ale}	8:45	8:55	9:05		9:30		9:35	10:05	10:15	10:20	10:27	10:32	10:35
ASSR	IR D TC	8:48	8:58		9:08	9:33	9:38		10:08	10:18	10:23	10:30	10:35	10:38
COS BANDOL GR	Eq N ^{ale}	8:50	9:00	9:10		9:35		9:40	10:10	10:20	10:25	10:32	10:37	10:40
AJS LA GARDE	IR D TC	8:53	9:03		9:13	9:38	9:43		10:13	10:23	10:28	10:35	10:40	10:43
SCO ST MARGUERITE	Eq N ^{ale}										10:30	10:37	10:42	10:45
ISTRES GR	IR D TC	8:58	9:08		9:18	9:43	9:48		10:18	10:28	10:33	10:40	10:45	10:48
GR AIX	Eq N ^{ale}											10:42	10:47	10:50
ASPTT NICE	IR D TC	9:03	9:13		9:23	9:48	9:53		10:23	10:33	10:38	10:45	10:50	10:53
COS BANDOL GR	Eq N ^{ale}											10:47	10:52	10:55
AJS LA GARDE	IR A 7-9	9:15	9:25	9:35		10:00		10:05	10:35	10:45	10:50	10:57	11:02	11:05
STADE LAURENTIN GRS	IR B 8-11	9:17	9:27		9:37	10:02	10:07		10:37	10:47	10:52	10:59	11:04	11:07
SPCOC	IR A 7-9	9:19	9:29	9:39		10:04		10:09	10:39	10:49	10:54	11:01	11:06	11:09
SC MOUANS SARTOUX	IR B 8-11	9:21	9:31		9:41	10:06	10:11		10:41	10:51	10:56	11:03	11:08	11:11
UGC SOLLIES	IR A 7-9	9:23	9:33	9:43		10:08		10:13	10:43	10:53	10:58	11:05	11:10	11:13
SCO ST MARGUERITE	IR B 8-11	9:25	9:35		9:45	10:10	10:15		10:45	10:55	11:00	11:07	11:12	11:15
ASPTT NICE	IR A 7-9	9:27	9:37	9:47		10:12		10:17	10:47	10:57	11:02	11:09	11:14	11:17
GR AIX EN PCE	IR B 8-11	9:29	9:39		9:49	10:14	10:19		10:49	10:59	11:04	11:11	11:16	11:19
SPCOC	IR A 7-9											11:13	11:18	11:21
ASSR	IR B 8-11	9:33	9:43		9:53	10:18	10:23		10:53	11:03	11:08	11:15	11:20	11:23
ASPTT NICE	IR A 7-9											11:19	11:22	11:25

11:45-12:45 : IR C 13 ans et - / Individuelles Equipes Nationales
12:45-13:00 : Nationale esthetique / Nationale ensemble 13 ans et -

12/03/2017 ISTRES

		accès vestiaire 0:10	trajet + vestiaire 0:10	gymnase des salles		trajet + vestiaire 0:05	gymnase Cavalloni		trajet + vestiaire 0:10	halle polyvalente				
				salle A 0:25	salle B corporel		prat A 0:30	prat B engin		contrôle 0:05	bandes 0:07	pré-comp. 0:05	concentra. 0:03	passage
ISTRES GR2	IR C - 13	9:55	10:05		10:15	10:40	10:45		11:15	11:25	11:30	11:37	11:42	11:45
GR AIX COMINO	Ind N ^{ale}	9:57	10:07	10:17		10:42		10:47	11:17	11:27	11:32	11:39	11:44	11:47
SPCOC	IR C - 13	9:59	10:09		10:19	10:44	10:49		11:19	11:29	11:34	11:41	11:46	11:49
GR AIX COSSALTIER	Ind N ^{ale}	10:01	10:11	10:21		10:46		10:51	11:21	11:31	11:36	11:43	11:48	11:51
GYM 2000 LA FARLEDE	IR C - 13	10:03	10:13		10:23	10:48	10:53		11:23	11:33	11:38	11:45	11:50	11:53
UGC SOLLIES 1 DUPONT	Ind N ^{ale}	10:05	10:15	10:25		10:50		10:55	11:25	11:35	11:40	11:47	11:52	11:55
GR VITROLLES 1	IR C - 13	10:07	10:17		10:27	10:52	10:57		11:27	11:37	11:42	11:49	11:54	11:57
UGC SOLLIES 1 LEOPOLD	Ind N ^{ale}	10:09	10:19	10:29		10:54		10:59	11:29	11:39	11:44	11:51	11:56	11:59
SC MOUANS SARTOUX	IR C - 13	10:11	10:21		10:31	10:56	11:01		11:31	11:41	11:46	11:53	11:58	12:01
COS BANDOL GR GYM1	Ind N ^{ale}	10:13	10:23	10:33		10:58		11:03	11:33	11:43	11:48	11:55	12:00	12:03
AISA	IR C - 13	10:15	10:25		10:35	11:00	11:05		11:35	11:45	11:50	11:57	12:02	12:05
COS BANDOL GR GYM 2	Ind N ^{ale}	10:17	10:27	10:37		11:02		11:07	11:37	11:47	11:52	11:59	12:04	12:07
ISTRES GR 1	IR C - 13	10:19	10:29		10:39	11:04	11:09		11:39	11:49	11:54	12:01	12:06	12:09
SCO ST MARGUERITE CHAMBERT	Ind N ^{ale}	10:21	10:31	10:41		11:06		11:11	11:41	11:51	11:56	12:03	12:08	12:11
COS BANDOL	IR C - 13	10:23	10:33		10:43	11:08	11:13		11:43	11:53	11:58	12:05	12:10	12:13
SCO ST MARGUERITE LESTRELIN	Ind N ^{ale}	10:25	10:35	10:45		11:10		11:15	11:45	11:55	12:00	12:07	12:12	12:15
ASSRS	IR C - 13	10:27	10:37		10:47	11:12	11:17		11:47	11:57	12:02	12:09	12:14	12:17
UGC SOLLIES 2 SIMO	Ind N ^{ale}	10:29	10:39	10:49		11:14		11:19	11:49	11:59	12:04	12:11	12:16	12:19
AJS LA GARDE	IR C - 13	10:31	10:41		10:51	11:16	11:21		11:51	12:01	12:06	12:13	12:18	12:21
UGC SOLLIES 2 AUVARO	Ind N ^{ale}	10:33	10:43	10:53		11:18		11:23	11:53	12:03	12:08	12:15	12:20	12:23
GR VITROLLES 2	IR C 13 -	10:35	10:45		10:55	11:20	11:25		11:55	12:05	12:10	12:17	12:22	12:25
STADE LAURENTIN GRS PHILIPPE	Ind N ^{ale}	10:37	10:47	10:57		11:22		11:27	11:57	12:07	12:12	12:19	12:24	12:27
STADE LAURENTIN GRS LETUL	Ind N ^{ale}	10:40	10:50	11:00		11:25		11:30	12:00	12:10	12:15	12:22	12:27	12:30
GR AIX EN PCE	N ^{ale} esth	10:55	11:05	11:15		11:40	11:45		12:15	12:25	12:30	12:37	12:42	12:45
STADE LAURENTIN GRS	N ^{ale} - 13	10:58	11:08		11:18	11:43		11:48	12:18	12:28	12:33	12:40	12:45	12:48
STADE LAURENTIN GRS	N ^{ale} esth	11:00	11:10	11:20		11:45	11:50		12:20	12:30	12:35	12:42	12:47	12:50
UGC SOLLIES	N ^{ale} - 13	11:03	11:13		11:23	11:48		11:53	12:23	12:33	12:38	12:45	12:50	12:53

		accès vestiaire 0:10	trajet + vestiaire 0:10	gymnase des salles		trajet + vestiaire 0:05	gymnase Cavalloni		trajet + vestiaire 0:10	halle polyvalente				
				salle A 0:25	salle B corporel		prat A 0:30	prat B engin		contrôle 0:05	bandes 0:07	pré-comp. 0:05	concentra. 0:03	passage
CG BONNEVEINE	N ^{ale} 10-11	12:10	12:20		12:30	12:55	13:00		13:30	13:40	13:45	13:52	13:57	14:00
AJS LA GARDE	N ^{ale} TC	12:13	12:23	12:33		12:58		13:03	13:33	13:43	13:48	13:55	14:00	14:03
GR AIX EN PCE	N ^{ale} 10-11	12:16	12:26		12:36	13:01	13:06		13:36	13:46	13:51	13:58	14:03	14:06
CG BONNEVEINE	N ^{ale} TC	12:19	12:29	12:39		13:04		13:09	13:39	13:49	13:54	14:01	14:06	14:09
UGC SOLLIES	N ^{ale} 10-11	12:22	12:32		12:42	13:07	13:12		13:42	13:52	13:57	14:04	14:09	14:12
CG BONNEVEINE	N ^{ale} TC													14:15
GR AIX EN PCE	N ^{ale} 10-11													14:18

COS BANDOL	N ^{ale} duo -13	12:35	12:45		12:55	13:20	13:25		13:55	14:05	14:10	14:17	14:22	14:25
ASPTT NICE	N ^{ale} duo TC	12:38	12:48	12:58		13:23		13:28	13:58	14:08	14:13	14:20	14:25	14:28
SC MOUANS SARTOUX	N ^{ale} duo -13	12:41	12:51		13:01	13:26	13:31		14:01	14:11	14:16	14:23	14:28	14:31
STADE LAURENTIN GRS	N ^{ale} duo TC	12:44	12:54	13:04		13:29		13:34	14:04	14:14	14:19	14:26	14:31	14:34
SCO ST MARGUERITE	N ^{ale} duo -13	12:47	12:57		13:07	13:32	13:37		14:07	14:17	14:22	14:29	14:34	14:37
SPCOC	N ^{ale} duo TC	12:50	13:00	13:10		13:35		13:40	14:10	14:20	14:25	14:32	14:37	14:40
SPCOC	N ^{ale} duo -13	12:53	13:03		13:13	13:38	13:43		14:13	14:23	14:28	14:35	14:40	14:43
CG BONNEVEINE	N ^{ale} duo TC	12:56	13:06	13:16		13:41		13:46	14:16	14:26	14:31	14:38	14:43	14:46
SLC MARTIGUES	N ^{ale} duo -13	12:59	13:09		13:19	13:44	13:49		14:19	14:29	14:34	14:41	14:46	14:49
GR AIX EN PCE	N ^{ale} duo TC	13:02	13:12	13:22		13:47		13:52	14:22	14:32	14:37	14:44	14:49	14:52
ASPTT NICE	N ^{ale} - 15	13:05	13:15		13:25	13:50	13:55		14:25	14:35	14:40	14:47	14:52	14:55
AJS LA GARDE	N ^{ale} duo TC	13:08	13:18	13:28		13:53		13:58	14:28	14:38	14:43	14:50	14:55	14:58
AJS LA GARDE	N ^{ale} - 15	13:11	13:21		13:31	13:56	14:01		14:31	14:41	14:46	14:53	14:58	15:01
MJC SALON	N ^{ale} duo TC	13:14	13:24	13:34		13:59		14:04	14:34	14:44	14:49	14:56	15:01	15:04
UGC SOLLIES	N ^{ale} - 15	13:17	13:27		13:37	14:02	14:07		14:37	14:47	14:52	14:59	15:04	15:07
GR VITROLLES	N ^{ale} duo TC	13:20	13:30	13:40		14:05		14:10	14:40	14:50	14:55	15:02	15:07	15:10
STADE LAURENTIN GRS	N ^{ale} - 15	13:23	13:33		13:43	14:08	14:13		14:43	14:53	14:58	15:05	15:10	15:13
SCO ST MARGUERITE	N ^{ale} duo TC	13:26	13:36	13:46		14:11		14:16	14:46	14:56	15:01	15:08	15:13	15:16
AJS LA GARDE	N ^{ale} TC							14:34	14:54		15:04	15:11	15:16	15:19

		accès vestiaire 0:10	trajet + vestiaire 0:10	gymnase des salles		trajet + vestiaire 0:05	gymnase Cavalloni		trajet + vestiaire 0:10	halle polyvalente				
				salle A 0:25	salle B corporel		prat A 0:30	prat B engin		contrôle 0:05	bandes 0:07	pré-comp. 0:05	concentra. 0:03	passage
SLC MARTIGUES	IR D 10-11	13:50	14:00		14:10	14:35		14:40	15:10	15:20	15:25	15:32	15:37	15:40
SPCOC	N ^{ale} - 17	13:52	14:02	14:12		14:37	14:42		15:12	15:22	15:27	15:34	15:39	15:42
UGC SOLLIES	IR D 10-11	13:55	14:05		14:15	14:40		14:45	15:15	15:25	15:30	15:37	15:42	15:45
AJS LA GARDE	N ^{ale} - 17	13:57	14:07	14:17		14:42	14:47		15:17	15:27	15:32	15:39	15:44	15:47
GR VITROLLES	IR D 10-11	14:00	14:10		14:20	14:45		14:50	15:20	15:30	15:35	15:42	15:47	15:50
GR AIX EN PCE	N ^{ale} - 17	14:02	14:12	14:22		14:47	14:52		15:22	15:32	15:37	15:44	15:49	15:52
GR ISTRES	IR D 10-11	14:05	14:15		14:25	14:50		14:55	15:25	15:35	15:40	15:47	15:52	15:55
STADE LAURENTIN GRS	N ^{ale} - 17	14:07	14:17	14:27		14:52	14:57		15:27	15:37	15:42	15:49	15:54	15:57
SPCOC	IR D 10-11	14:10	14:20		14:30	14:55		15:00	15:30	15:40	15:45	15:52	15:57	16:00
UGC SOLLIES	N ^{ale} - 17	14:12	14:22	14:32		14:57	15:02		15:32	15:42	15:47	15:54	15:59	16:02
MJC SALON	IR D 10-11	14:15	14:25		14:35	15:00		15:05	15:35	15:45	15:50	15:57	16:02	16:05
COS BANDOL GR	N ^{ale} - 17	14:17	14:27	14:37		15:02	15:07		15:37	15:47	15:52	15:59	16:04	16:07
AISA GR	IR D 10-11	14:20	14:30		14:40	15:05		15:10	15:40	15:50	15:55	16:02	16:07	16:10
SC MOUANS SARTOUX	N ^{ale} - 17	14:22	14:32	14:42		15:07	15:12		15:42	15:52	15:57	16:04	16:09	16:12
COS BANDOL GR	IR D 10-11	14:25	14:35		14:45	15:10		15:15	15:45	15:55	16:00	16:07	16:12	16:15
AJS LA GARDE	N ^{ale} - 17										15:59	16:09	16:14	16:17
AJS LA GARDE	IR D 10-11	14:30	14:40		14:50	15:15		15:20	15:50	16:00	16:05	16:12	16:17	16:20
GR AIX EN PCE	N ^{ale} - 17										16:02	16:15	16:20	16:23

		accès vestiaire 0:10	trajet + vestiaire 0:10	gymnase des salles		trajet + vestiaire 0:05	gymnase Cavalloni		trajet + vestiaire 0:10	halle polyvalente				
				salle A 0:25	salle B corporel		prat A 0:30	prat B engin		contrôle 0:05	bandes 0:07	pré-comp. 0:05	concentra. 0:03	passage
GR VITROLLES 3	IR C TC	14:40	14:50	15:00		15:25		15:30	16:00	16:10	16:15	16:22	16:27	16:30
AJS LA GARDE 2	IR D 12-13	14:42	14:52		15:02	15:27	15:32		16:02	16:12	16:17	16:24	16:29	16:32
ASPTT NICE	IR C TC	14:44	14:54	15:04		15:29		15:34	16:04	16:14	16:19	16:26	16:31	16:34
GR VITROLLES	IR D 12-13	14:46	14:56		15:06	15:31	15:36		16:06	16:16	16:21	16:28	16:33	16:36
COS BANDOL GR 1	IR C TC	14:48	14:58	15:08		15:33		15:38	16:08	16:18	16:23	16:30	16:35	16:38
SLC MARTIGUES	IR D 12-13	14:50	15:00		15:10	15:35	15:40		16:10	16:20	16:25	16:32	16:37	16:40
STADE LAURENTIN GRS 2	IR C TC	14:52	15:02	15:12		15:37		15:42	16:12	16:22	16:27	16:34	16:39	16:42
AISA GR	IR D 12-13	14:54	15:04		15:14	15:39	15:44		16:14	16:24	16:29	16:36	16:41	16:44
SPCOC	IR C TC	14:56	15:06	15:16		15:41		15:46	16:16	16:26	16:31	16:38	16:43	16:46
ISTRES GR	IR D 12-13	14:58	15:08		15:18	15:43	15:48		16:18	16:28	16:33	16:40	16:45	16:48
AISA 1	IR C TC	15:00	15:10	15:20		15:45		15:50	16:20	16:30	16:35	16:42	16:47	16:50
COS BANDOL	IR D 12-13	15:02	15:12		15:22	15:47	15:52		16:22	16:32	16:37	16:44	16:49	16:52
SLC MARTIGUES	IR C TC	15:04	15:14	15:24		15:49		15:54	16:24	16:34	16:39	16:46	16:51	16:54
ASSR	IR D 12-13	15:06	15:16		15:26	15:51	15:56		16:26	16:36	16:41	16:48	16:53	16:56
SMUC	IR C TC	15:08	15:18	15:28		15:53		15:58	16:28	16:38	16:43	16:50	16:55	16:58
OAJLP	IR D 12-13	15:10	15:20		15:30	15:55	16:00		16:30	16:40	16:45	16:52	16:57	17:00
SC MOUANS SARTOUX	IR C TC	15:12	15:22	15:32		15:57		16:02	16:32	16:42	16:47	16:54	16:59	17:02
AISA GR	DR 8 - 9	15:14	15:24		15:34	15:59	16:04		16:34	16:44	16:49	16:56	17:01	17:04
GR VITROLLES 2	IR C TC	15:16	15:26	15:36		16:01		16:06	16:36	16:46	16:51	16:58	17:03	17:06
AISA GR	IR C TC	15:18	15:28		15:38	16:03	16:08		16:38	16:48	16:53	17:00	17:05	17:08
PASSION GR 1	IR C TC	15:20	15:30	15:40		16:05		16:10	16:40	16:50	16:55	17:02	17:07	17:10
LA DRACENOISE GR	IR C TC	15:24	15:34	15:44		16:09		16:14	16:44	16:54	16:59	17:06	17:11	17:14
STADE LAURENTIN GRS 1	IR C TC	15:28	15:38	15:48		16:13		16:18	16:48	16:58	17:03	17:10	17:15	17:18
COS BANDOL GR 2	IR C TC	15:32	15:42	15:52		16:17		16:22	16:52	17:02	17:07	17:14	17:19	17:22
ISTRES GR	IR C TC	15:36	15:46	15:56		16:21		16:26	16:56	17:06	17:11	17:18	17:23	17:26
ALLIANCE GYMNIQUE ROQUEBRU	IR C TC	15:40	15:50	16:00		16:25		16:30	17:00	17:10	17:15	17:22	17:27	17:30
GR VITROLLES 1	IR C TC	15:44	15:54	16:04		16:29		16:34	17:04	17:14	17:19	17:26	17:31	17:34
PASSION GR 2	IR C TC	15:48	15:58	16:08		16:33		16:38	17:08	17:18	17:23	17:30	17:35	17:38